

## **GDEM SYMPOSIUM SPEAKER SERIES**

*presented by The Neuromuscular Disease Foundation*



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**Dr. Sepideh Tabibian**

GDEM patient and  
former NDF Board Member

"From Personal Trauma to  
Triumph: Lessons on overcoming  
emotional and physical limitations"

Speaker Series #72420  
**Sepideh Tabibian, Family Practitioner**  
Introduction & Summary Slide for:  
**From Personal Trauma to Triumph: Lessons on  
Overcoming Emotional and Physical Limitations**

**An Overview of what to expect in this talk:**

- Served as NDF board member for over 10 years
- GNEM patient for 23 years
- Life experiences that tested my inner strength, starting from my childhood up until recent trauma
- How others can learn from my journey
- Why hope is the driving force for any stage of life, specifically for GNEM patients



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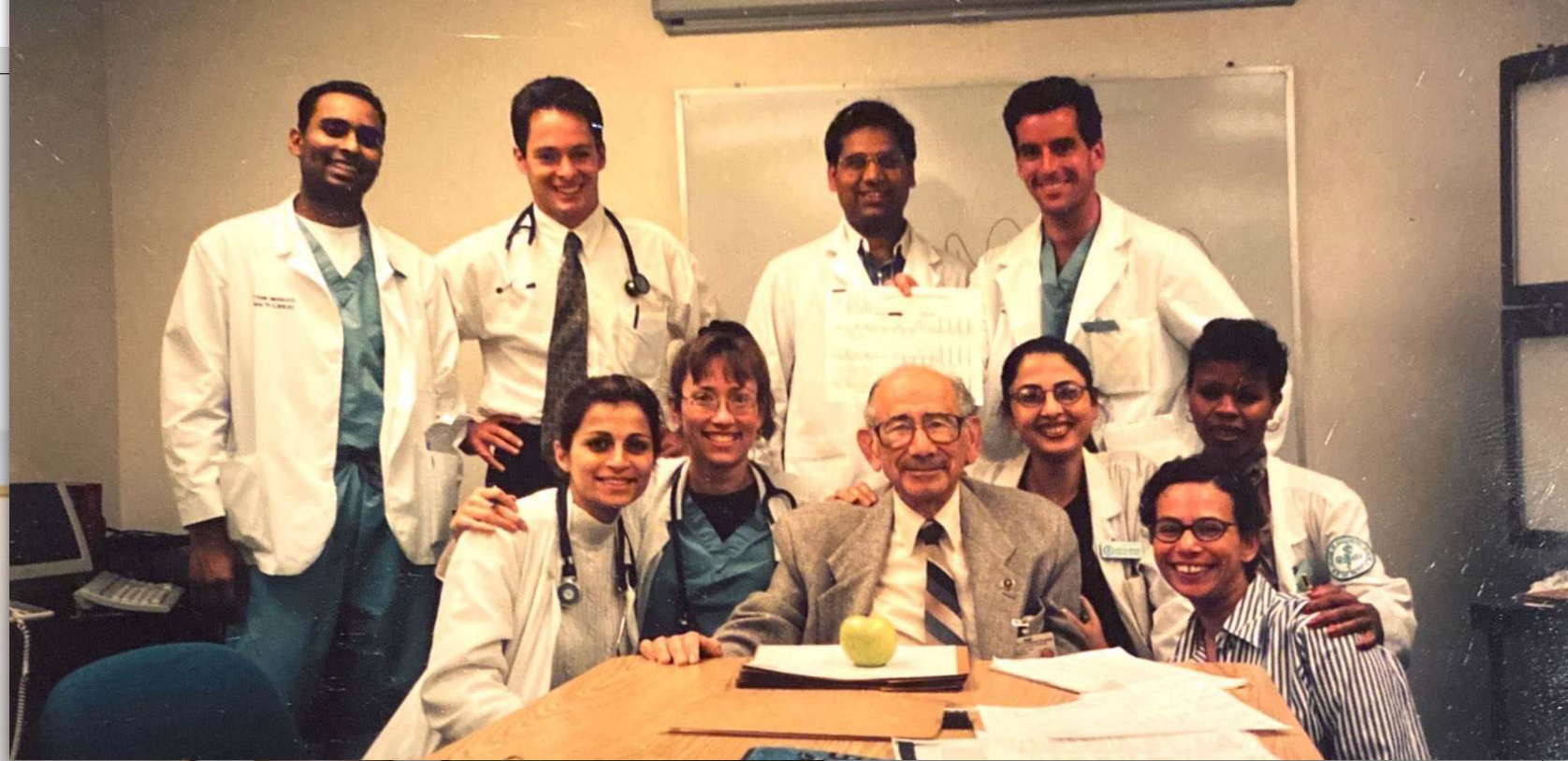


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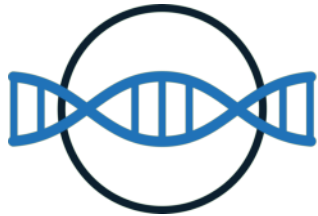




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David Klements, Neurological Clinical Research Institute (NCRI)

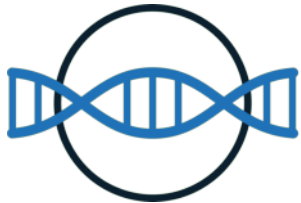
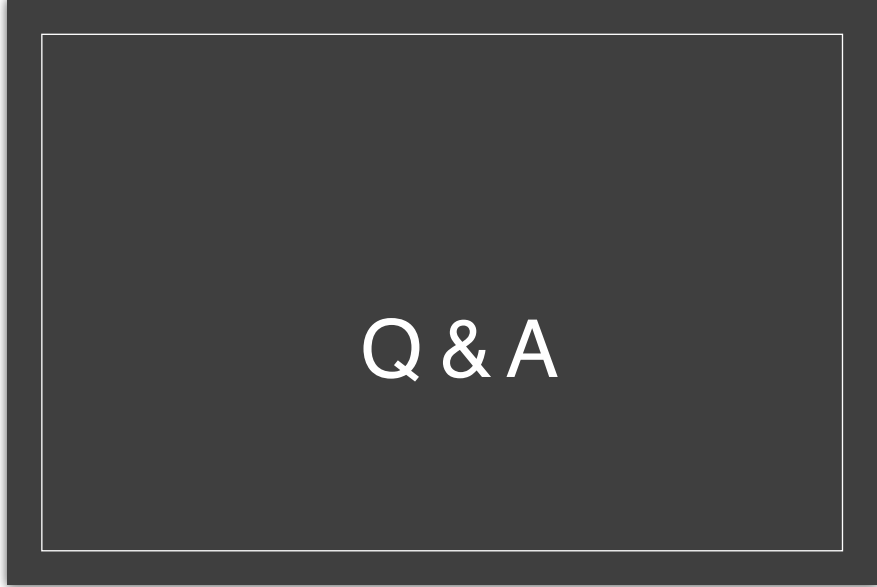
Introduction & Summary Slide for:

(Replace title name) **“Exploring the potential of gene editing as a potential therapeutic for GNE Myopathy”**

### ◦ **Key Takeaways:**

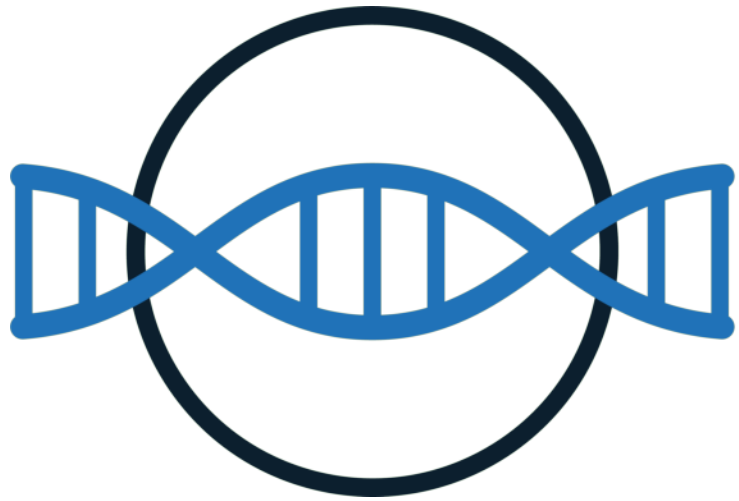
Final slide:

- The qualities necessary for overcoming life challenges
- How my constant self-improvement laid the foundation for overcoming my greatest battles
- Life challenges are opportunities for personal growth
- Self-care and self-love are essential
- How to reach your own inner strength



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